



Year 11 PSHE Curriculum Overview

Rationale: The Year 11 PSHE and Citizenship curriculum students build on the knowledge and understanding, skills, attributes and values they have acquired and developed during Key stage 3. PSHE education acknowledges and addresses the changes that young people experience, beginning with transition to secondary school, the challenges of adolescence and their increasing independence. It teaches the knowledge and skills which will equip them for the opportunities and challenges of life. Students learn to manage diverse relationships, their online lives, and the increasing influence of peers and the media. The curriculum is delivered through the themes of Living in the wider world, Health and Well-being and Relationships. It is progressive, building on concepts, situations and ideas from each theme year on year. The curriculum is broad and balanced and offers a platform for students to explore, debate and discuss real life topics and develop relevant life skills to enable them to become informed, empathetic, and responsible citizens.

Term/Length of Time	Outline	Assessment/Teacher Feedback Opportunities	Homework and Literacy resources
Autumn 1 Health and well-being (Mental health)	In this unit of work students discuss how to manage challenges the challenges of the year ahead how to promote positive self-esteem when dealing with exam stress. They will examine the potential impact of change on teens and their mental health.	Assessment There will be no formal assessments in PSHE. Learning and progress will be monitored through: <ul style="list-style-type: none"> - Class discussions - Teacher/student learning conversations - Targeted questioning in lessons - Peer assessments - Quizzes At the end of each unit, students will be given the opportunity to reflect on their grasp of the skills, knowledge and understanding of topics covered and areas where they feel they need to develop further.	Homework Students will not be set compulsory home work. Optional homework tasks and Literacy resources Students will be given the option to create an informative poster on the impact of knife crime in Leamington. Reward points will be awarded for creativity and effort. Youngminds: Mental health advice or children and parents https://www.youngminds.org.uk/parent/
Autumn 2	In this unit students focus on how to manage their finances as they become more independent. They examine the	Assessment There will be no formal assessments in PSHE.	Students will not be set compulsory home work.

<p>Living in the wider world (Financial decision making)</p>	<p>risks of gambling and how to access support if this became an issue.</p>	<p>Learning and progress will be monitored through:</p> <ul style="list-style-type: none"> - Class discussions - Teacher/student learning conversations - Targeted questioning in lessons - Peer assessments - Quizzes <p>At the end of each unit, students will be given the opportunity to reflect on their grasp of the skills, knowledge and understanding of topics covered and areas where they feel they need to develop further.</p>	<p>Optional homework tasks and Literacy resources</p> <p>Students will be given to produce a written piece on their dream job and what they will do to try to achieve this. Reward points will be awarded for creativity and effort.</p> <p>Barclays: Film clip LLIFE SKILLS: Have you got the edge? Developing & Improving Skills to gain a Professional Edge Barclays LifeSkills</p>
<p>Spring 1 Relationships (Communication in relationships)</p>	<p>In this unit of work students discuss the importance of assertive communication in relationships. They consider how to handle unwanted attention, including online and look at how to challenge and seek support as a victim of harassment and stalking, including online.</p>	<p>Assessment There will be no formal assessments in PSHE.</p> <p>Learning and progress will be monitored through:</p> <ul style="list-style-type: none"> - Class discussions - Teacher/student learning conversations - Targeted questioning in lessons - Peer assessments - Quizzes <p>At the end of each unit, students will be given the opportunity to reflect on their grasp of the skills, knowledge and understanding of topics</p>	<p>Homework Students will not be set compulsory home work.</p> <p>Optional homework tasks and Literacy resources</p> <p>Students will be given the option to create a poster of different types of families in society today and the importance of family to society. This could be a model, a picture or a poem. Reward points will be awarded for creativity and effort.</p>

		covered and areas where they feel they need to develop further.	
Spring 2 Health and well-being (Independence)	<p>In this unit of work students consider how to assess and manage risk and safety in new independent situations (e.g. personal safety in social situations and on the roads)</p> <p>They move on to examine the links between lifestyle and some cancers.</p>	<p>Assessment</p> <p>There will be no formal assessments in PSHE.</p> <p>Learning and progress will be monitored through:</p> <ul style="list-style-type: none"> - Class discussions - Teacher/student learning conversations - Targeted questioning in lessons - Peer assessments - Quizzes <p>At the end of each unit, students will be given the opportunity to reflect on their grasp of the skills, knowledge and understanding of topics covered and areas where they feel they need to develop further.</p>	<p>Homework</p> <p>Students will not be set compulsory home work.</p> <p>Optional homework tasks and Literacy resources</p> <p>Students will be given the option to carry out some research on the importance of getting enough sleep as a teenager negative effects of bad sleeping habits.</p> <p>Childline: Gangs and criminal exploitation https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/gangs-criminal-exploitation/</p>
Summer 1 Relationships (Families)	<p>This unit allows students determine factors that might determine readiness for parenthood and positive parenting qualities.</p> <p>Students examine issues of fertility, pregnancy and miscarriage.</p> <p>Students examines examples of honour based' violence and forced marriage and how to safely access support.</p>	<p>Assessment</p> <p>There will be no formal assessments in PSHE.</p> <p>Learning and progress will be monitored through:</p> <ul style="list-style-type: none"> - Class discussions - Teacher/student learning conversations - Targeted questioning in lessons - Peer assessments - Quizzes 	<p>Homework</p> <p>Students will not be set compulsory home work.</p> <p>Optional homework tasks and Literacy resources</p> <p>Students will be given the option to create a leaflet on the on the STIs, symptoms and treatments. Reward points will be awarded for effort.</p> <p>Childline: Relationships Relationships Childline</p>

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