



Year 9 PSHE Curriculum Overview

Rationale: The Year 9 PSHE curriculum students build on the knowledge and understanding, skills, attributes and values they have acquired and developed during Year 7 and 8. PSHE education acknowledges and addresses the changes that young people experience, beginning with transition to secondary school, the challenges of adolescence and their increasing independence. It teaches the knowledge and skills which will equip them for the opportunities and challenges of life. Students learn to manage diverse relationships, their online lives, and the increasing influence of peers and the media. The curriculum is delivered through the themes of Living in the wider world, Health and Well-being and Relationships. It is progressive, building on concepts, situations and ideas from each theme year on year. The curriculum is broad and balanced and offers a platform for students to explore, debate and discuss real life topics and develop relevant life skills to enable them to become informed, empathetic, and responsible citizens.

Term/Length of Time	Outline	Assessment/Teacher Feedback Opportunities	Homework and Literacy resources
Autumn 1 Health and well-being (Peer influence, substance use and gangs)	In this unit of work students examine the youth criminal justice system and develop their knowledge and understanding of the risks associated with carrying knives. They will look at gang culture and country lines, focusing on reasons why young people may become involved in this.	Assessment There will be no formal assessments in PSHE. Learning and progress will be monitored through: <ul style="list-style-type: none"> - Class discussions - Teacher/student learning conversations - Targeted questioning in lessons - Peer assessments - Quizzes At the end of each unit, students will be given the opportunity to reflect on their grasp of the skills, knowledge and understanding of topics covered and areas where they feel they need to develop further.	Homework Students will not be set compulsory home work. Optional homework tasks and Literacy resources Students will be given the option to create an informative poster on the impact of knife crime in Leamington. Reward points will be awarded for creativity and effort. Childline: Gangs and criminal exploitation https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/gangs-criminal-exploitation/
Autumn 2 Living in the wider world (Setting goals)	This unit of work build on the life skills unit students studied in year 8. Students learn about difference career pathways and link these to their	Assessment There will be no formal assessments in PSHE. Learning and progress will be monitored through:	Students will not be set compulsory home work. Optional homework tasks and Literacy resources

	<p>current interests and will consider how this could influence their work experience choices in Year 10. Students consider their strengths and weaknesses and set aspirational goals for the year ahead.</p>	<ul style="list-style-type: none"> - Class discussions - Teacher/student learning conversations - Targeted questioning in lessons - Peer assessments - Quizzes <p>At the end of each unit, students will be given the opportunity to reflect on their grasp of the skills, knowledge and understanding of topics covered and areas where they feel they need to develop further.</p>	<p>Students will be given to produce a written piece on their dream job and what they will do to try to achieve this. Reward points will be awarded for creativity and effort.</p> <p>Barclays: Film clip LLIFE SKILLS: Have you got the edge? Developing & Improving Skills to gain a Professional Edge Barclays LifeSkills</p>
<p>Spring 1 Relationships (Respectful relationships)</p>	<p>This unit of work examines different types of families and the importance of family to society. Students explore some of the challenges facing young people when dealing with changes to family life at home. They will impact this can have and how to deal with issues such as separation and divorce</p>	<p>Assessment There will be no formal assessments in PSHE.</p> <p>Learning and progress will be monitored through:</p> <ul style="list-style-type: none"> - Class discussions - Teacher/student learning conversations - Targeted questioning in lessons - Peer assessments - Quizzes <p>At the end of each unit, students will be given the opportunity to reflect on their grasp of the skills, knowledge and understanding of topics covered and areas where they feel they need to develop further.</p>	<p>Homework Students will not be set compulsory home work.</p> <p>Optional homework tasks and Literacy resources</p> <p>Students will be given the option to create a poster of different types of families in society today and the importance of family to society. This could be a model, a picture or a poem. Reward points will be awarded for creativity and effort.</p> <p>Childline: Homophobic bullying https://www.childline.org.uk/info-advice/bullying-abuse-safety/types-bullying/homophobic-bullying/</p>

<p>Spring 2</p> <p>Health and well-being (Healthy lifestyles)</p>	<p>In this unit of work students explore the relationship between physical and mental health. They learn about the importance of balancing school work, social activities, exercise and sleep.</p>	<p>Assessment</p> <p>There will be no formal assessments in PSHE.</p> <p>Learning and progress will be monitored through:</p> <ul style="list-style-type: none"> - Class discussions - Teacher/student learning conversations - Targeted questioning in lessons - Peer assessments - Quizzes <p>At the end of each unit, students will be given the opportunity to reflect on their grasp of the skills, knowledge and understanding of topics covered and areas where they feel they need to develop further.</p>	<p>Homework</p> <p>Students will not be set compulsory home work.</p> <p>Optional homework tasks and Literacy resources</p> <p>Students will be given the option to carry out some research on the importance of getting enough sleep as a teenager negative effects of bad sleeping habits.</p> <p>Youngminds: Mental health advice or children and parents https://www.youngminds.org.uk/parent/</p>
<p>Summer 1</p> <p>Relationships (Building intimate relationships)</p>	<p>This unit allows students to revisit the features of healthy intimate relationships and the media influence around sexual relationships and young people. They revisit the meaning and importance of consent in relationships. Students examine the importance of feeling safe when engaging in a sexual relationship and the consequences of unprotected sex.</p>	<p>Assessment</p> <p>There will be no formal assessments in PSHE.</p> <p>Learning and progress will be monitored through:</p> <ul style="list-style-type: none"> - Class discussions - Teacher/student learning conversations - Targeted questioning in lessons - Peer assessments - Quizzes <p>At the end of each unit, students will be given the opportunity to reflect on their grasp of the</p>	<p>Homework</p> <p>Students will not be set compulsory home work.</p> <p>Optional homework tasks and Literacy resources</p> <p>Students will be given the option to create a leaflet on the on the STIs, symptoms and treatments. Reward points will be awarded for effort.</p> <p>NSPCC: Healthy relationships https://www.nspcc.org.uk/keeping-children-safe/sex-relationships/healthy-relationships/</p> <p>Childline: Relationships Relationships Childline</p>

		skills, knowledge and understanding of topics covered and areas where they feel they need to develop further.	
Summer 2 Living in the wider world (Employability skills)	In this unit students will examine the preparation and skills needed to perform well during interviews. Students perform role plays and assess their own performance as well as their peers. Students will have the opportunity to examine the rights and responsibilities of young people in employment.	<p>Assessment There will be no formal assessments in PSHE.</p> <p>Learning and progress will be monitored through:</p> <ul style="list-style-type: none"> - Class discussions - Teacher/student learning conversations - Targeted questioning in lessons - Peer assessments - Quizzes <p>At the end of each unit, students will be given the opportunity to reflect on their grasp of the skills, knowledge and understanding of topics covered and areas where they feel they need to develop further.</p>	<p>Homework Students will not be set compulsory home work.</p> <p>Optional homework tasks and Literacy resources</p> <p>Students will be given the option to create an advice sheet with bullet points on how to prepare for and be successful in your first interview.</p> <p>Ndirect: Employment rights for young people https://www.nirect.gov.uk/articles/employment-rights-young-people</p>